

The "Home Alone" Program

The Canada Safety Council's "Home Alone" program is designed to provide children 10 years of age and older with the necessary skills and knowledge to feel safe and be responsible when at home by themselves **for short periods of time**. The program aims to help children understand how to prevent problems, handle real-life situations, and keep them safe and constructively occupied. Students will receive a booklet and certificate after completing the program.

Please note that the Home Alone program does **not** include comprehensive First Aid or CPR training for your child. While there are some basic skills and information shared as part of the Home Alone program, **it is highly recommended that all children who are home without adult supervision seek out additional training in First Aid** in the event of an emergency.

For help finding such training opportunities online or in your community, please contact the SchoolsPlus staff in your child's school (Isaac LeBlanc – Assistant Lead, and Rachel Murray – Community Outreach).

Schools Plus Contact Information can be found on the [WMES Webpage / staff](#)

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Permission Form

I, _____, give permission for my child,
(print parent/caregiver name)

_____, born on day: ____ month: ____ year: ____
(print name of student)

to participate in the Home Alone program, offered on February 8th, 15th and 22nd at Waverley Memorial Elementary School, facilitated by Rachel Murray (Schools Plus Community Outreach Worker).

(parent/caregiver signature)

(date)

I give permission for my child's full name, and their school name, to be shared with the Canada Safety Council as someone who has completed Home Alone, so my child may receive their certificate.

(parent/caregiver signature)

(date)

Media Release

I, _____, give permission for my child,
(print parent/caregiver name)

_____, to be photographed by employees, agents or
(print name of student)

servants of the Halifax Regional Center for Education during the course of the Home Alone program, for posting on the SchoolsPlus or school Twitter account.

(parent/caregiver signature)

(date)